

PRESSURE POINTS

LIVING ABOVE THE STRESS OF THIS LIFE

II Corinthians 4:8-9

I Am Pressured

May 15th, 2016

Part 1 of 4

SERIES TEXT: II Corinthians 4:8-9 (NLT)

1. My Pressures are Unique to Me, but Not Unique

- i. Where do you feel “lost”?
- ii. Your recipe may differ, but others feel as lost in their pressures as you do in yours. II Cor. 10:13; Prov. 18:1

2. I May Feel Lost, But That Doesn't Mean I Am Lost

- i. Does God really care if we worry, fear, doubt, and feel lost?
- ii. Deut. 20:3 NKJV, Jsh. 1:9 NLT, Mt. 14:26-27 NKJV, John 14:27 NIV, Ph. 4:6-7 NKJV, I Pt. 5:7 NLT, Heb. 10:35 ESV

3. Pressures May Surround Me, But I Have Room

- i. The reason you feel so unhealthy in matters of stress, pressure, anxiety, worry, fear, etc. is because the way we view our role in everything in this world is... well, unhealthy.
- ii. Isaiah 53:4-5 NLT, John 1:14-15 ESV
- iii. Enter the place of safety, which is being fully confident in His grace. Return there daily. Pressures don't have to crush you.
- iv. Constrain yourself to Jesus' body—in Christ-centered, biblical community. Why? Because He is in His body.



TO-GO BOX



Grace Creates a Safe Place In the Center of Life's Pressures