



Series Text: II Thessalonians 3:5 NKJV- "Now may the Lord direct your hearts into the love of God and into the patience of Christ."

I. What We Have Here Is A Failure to Communicate

1. GENESIS 3:6 NLT

2. You can tell a lot about the condition of your own HEART by what you DO and DO NOT say to others in relationships.

5 Practical Boundaries for Communication

1. Never go to bed angry.
2. Never say what you cannot take back.
3. Never leave the house in an argument.
4. Never use the "D" word as a weapon.
5. Always say I love you and never withhold affection.

II. The Buck Stops.... Over There

1. GENESIS 3:11-13 NLT

2. There is a common DENOMINATOR in every challenging relationship in my life: me!
3. We must be willing to address places for emotional healing and maturity in OURSELVES, even if we are unaware such healing is needed.
4. Acts 14:3 NLT
5. You cannot extend a GRACE you have never experienced for yourself... and this grace—experienced FIRST by you and THEN extended to others—is the miraculous power that fosters HEALTHY relationships.



To-Go-Box



My Heart is the Common Variable in All My Relationships—and His Grace Offers My Heart Healing and Wholeness